

Home Care Notes: Following Root Canal Therapy

We are delighted that you have chosen our office for your endodontic treatment. Thank you for allowing us to provide your care. We sincerely hope you have had a pleasant experience.

- You may experience tenderness for several days. Although the tooth is no longer “alive,” the ligaments that secure the tooth in the bone remain living and may cause the tooth and area to be sore following treatment.
- Avoid chewing on the tooth for several days, using it only if comfortable.
- Generally over-the-counter analgesics (pain relievers) will alleviate your temporary discomfort. If a prescription medication has been given, please take it as directed by Dr. Green.

Dosages for Over-the-Counter Analgesics

- b) Advil/Ibuprofen/Motrin: 3 tablets (200 mg each), totaling 600 mg every 6 hours; take by the clock for 2-3 days
- c) Time of initial dosage: _____
- d) Tylenol: 1 extra-strength (500 mg) or 2 regular-strength (325 mg) tablets every 6 hours
- e) (Please use Tylenol if you are aspirin or Ibuprofen sensitive)

*****Please take over-the-counter analgesics with food to avoid stomach irritation*****

- IF YOU HAVE SIGNIFICANT PAIN OR SWELLING, PLEASE CONTACT OUR OFFICE.
- IF YOUR ROOT CANAL TREATMENT IS COMPLETED: Although the root canal system is permanently sealed, a permanent restoration (“crown”) is required to ensure success of treatment. Please schedule an appointment with your general dentist within 2-4 weeks for placement of a definitive crown restoration. Failure to complete this crucial step may result in the need for additional treatment or result in loss of the tooth.
- If you have an emergency after normal business hours, please call (662) 790-3113.

Thank you again for allowing us to provide your endodontic care.